



HealthySexualSolutions

Client Rules of Treatment

Technology | Electronics | Television

- No computer or computer-related device use without adult supervision.
- No cell phone with data plan or ability to send/receive photos/images of any kind.
- No iPod, iPad, Kindle, or gaming devices such as PlayStation, Xbox, Wii, etc. with the ability to download content from the internet.
- No active social media sites. If client uses any social media sites such as Tik Tok, Facebook, Instagram, Twitter, SnapChap, Discord, Vine, dating sites, etc.... These sites are to be deactivated.
- No access to online YouTube.
- Accountability2you.com app or any monitoring app to be placed on any technology device of juvenile male/female.
- Parental controls must be on all TVs in the home. No TV in the bedroom.
- No access to adult-contented material in common TV areas. This includes, but is not limited to, the following shows: Family Guy, Adult Swim, Cartoon Network, Nick at Night, etc.
- Limit all video game access to 1-2 hours daily.

Personal Care

- Follow all recommendations of psychiatrist/psychologist involved in case.
- If client is on medications, he/she must be supervised while taking medications. This means checking his/her mouth to ensure the medication has been swallowed. Medications are to be administered by adults only. No parent or guardian should allow the client to administer his/her own medication at any time.
- No caffeine. NO EXCEPTIONS. This includes any form of caffeinated drinks including tea, sweet or unsweet.
- Please reduce all saturated sugars. This is to reduce sugar induced impulsive behaviors.
- Limited length of time for bathing and showering. Males should be limited to a maximum of 8 minutes.
- Alarms on doors as required by DHR, legal system, or this provider.

Interaction with Others

- Client shall not share a bedroom or any other sleeping accommodations with any child under the age of 12 years.
- No overnight visits with anyone. Exception: Family members who have no children and/or are aware of the nature of sexual problematic behaviors for which the client is receiving counseling.
- Away from School: No contact with any child under age 16. The client must be supervised around children at all times. The client is not allowed to attend any children's activities without an adult present at all times, including bathroom visits.
- The client may be allowed to attend school activities if client is participating in these activities but only if an adult is with him/her at all times. Note: This adult needs to be aware of the sexual problematic behavior.
- The 3-foot rule applies to all individuals who have demonstrated touching issues.
- Absolutely no bathing with anyone this includes any ADULT or CHILD.

CONTACT

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